David Meca

28 Times World Champion Open Water Swimmer

"Success doesn't come knocking at your door, it's only for those who search for it"

David Meca is a pioneering Spanish swimmer in long-distance open water swimming. As well as being the first and only swimmer in history to have won four medals in one World Championship, he is able to apply his experience and training to day-to-day activity in businesses, which is why he has become a renowned expert in coaching, leadership and working in elite teams.

TOPICS:

- Team Building
- High Impact Actions
- Success and Personal Development
- Crisis as Opportunity
- Adversity Management
- Management Under Pressure

LANGUAGES:

He presents in English and Spanish.

IN DETAIL:

David is a specialist in big challenges, such as swimming across the English Channel, the Strait of Gibraltar and the San Francisco Bay. He studied Economics, Architecture and Film at the University of Southern California thanks to a sports scholarship. During his career as a swimmer he has won over 50 international titles in long-distance open water events and holds more awards in this category than any other swimmer. He has received awards such as the Medalla al Mérito Deportivo from the Spanish Olympic Committee, the Real Orden al Mérito Deportivo (Royal Order of Sporting Merit), the National Sports Prize and the Gold Medal from the Spanish Swimming Federation.

WHAT HE OFFERS YOU:

David has contended with the cold, dehydration, shark-infested waters and the risk of diseases, and in order to overcome the adversities has been able to count on a team in which all the cogs turn smoothly. In his talks, he extrapolates his experience to the business world and argues that a similar spirit is required to succeed in both environments.

HOW HE PRESENTS:

David is energetic, persistent and a great communicator who is a popular speaker at global events.