



## Ray Parlour

**Former England International Footballer & Pundit**

*"Often regarded as one of Arsenal's unsung heroes"*

Ray Parlour is most famous for his time at Arsenal FC, where he played for 14 years, enjoying remarkable success, winning a league cup, three league titles and two FA Cups as well as playing in the Champions League and Uefa Cup. Ray also won 10 England caps.

### TOPICS:

- Teamwork
- Motivation and Inspiration
- Peak Performance
- After Dinner
- Host

### IN DETAIL:

During his Arsenal career Ray Parlour was nicknamed "The Romford Pelé". More recently, he has emerged as one of the most influential players for The England Legends, a 16-man squad of former internationals who have played Italy, Germany, Scotland, Ireland and The Rest of The World. He came through Arsenal's youth system to make 468 appearances for the club. He also played for Middlesbrough and Hull City. He is now a pundit on television, as well as on radio stations *BBC Radio 5 Live* and *Talksport*

### LANGUAGES:

He presents in English.

### WHAT HE OFFERS YOU:

An ideal choice, Ray Parlour draws upon his experiences learned on the football field and shows us how we can achieve our own "goals" both in our professional and private lives. His vast media experience means he is at home in any live media event.

### HOW HE PRESENTS:

A charismatic and affable character, Ray's presentations are filled with a perfect mix of amusing stories and inspirational anecdotes.